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SUBJECT: "Tin, Food and You" - Information from the Office of Marketing Services,
War Food Administration.

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Containers of many kinds have attracted attention during the war because of their scarcity. Tin cans were among the first of our container worries because tin is largely an imported metal.

Before the war most of our tin came from Asia. When trade in the Pacific area was cut off we had to rely on tin from Bolivia, which meant a drastic cut in the amount of tin we were accustomed to buying. In addition to the usual amount, we needed extra tin for war purposes, such as containers for cartridges and bomb fuses, as well as millions of cans for food. So, the drive for salvaged tin began early and continues to be one of the essential conservation programs.

When we think of tin cans we think of food. But it's difficult to imagine the quantities of canned food that have been transperted to our sarmed forces.

About 40 percent of the present pack of vegetables, fruits, juices and other canned products will be eaten by our men in uniform in 1945. This means that civilans will get even less canned goods than they bought in 1944.

Any one who can add two and two can figure out the answer to that one. Home-makers who have depended on commercially canned food...even up to now...would do well to home-can at least a supplementary supply of fruits and vegetables this season. Then if sufficient fresh fruits and vegetables are not available in your markets next winter you can rely on your own stock of canned goods.

If you don't have a garden to furnish the vegetables for canning, or an orchard to supply you with fruit, keep an eye on the markets nearest you, and buy the produce when it is fresh and plentiful.

Fresh vegetables are more likely to be tender, and more certain to contain

those precious minerals and vitamins.

Fruits and vegetables in abundant supply are usually on the economical side of the buying ledger, which is another matter that most homemakers weigh carefully.. So, can what you can, and salvage the cans you buy.

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